



5 Steps for Testing with GetaKit



— What is GetaKit?

GetaKit is a study from the University of Ottawa that partners with local public health units across Ontario to offer **FREE** online assessments and lab-based testing for sexually transmitted infections (STIs) and HIV.

For most orders, your ‘kit’ will be digitally delivered to a testing lab of your choice. Orders with physical materials like swabs for HIV self-testing kits will be delivered to your address in discreet packaging.

Order in 5 Easy Steps:

- 1 Step One**
Login or Register
- 2 Step Two**
Get Assessed
- 3 Step Three**
Order Your Tests
- 4 Step Four**
Complete Your Tests
- 5 Step Five**
Get Your Results

1

Step One
Login or Register

Step Two
Get Assessed

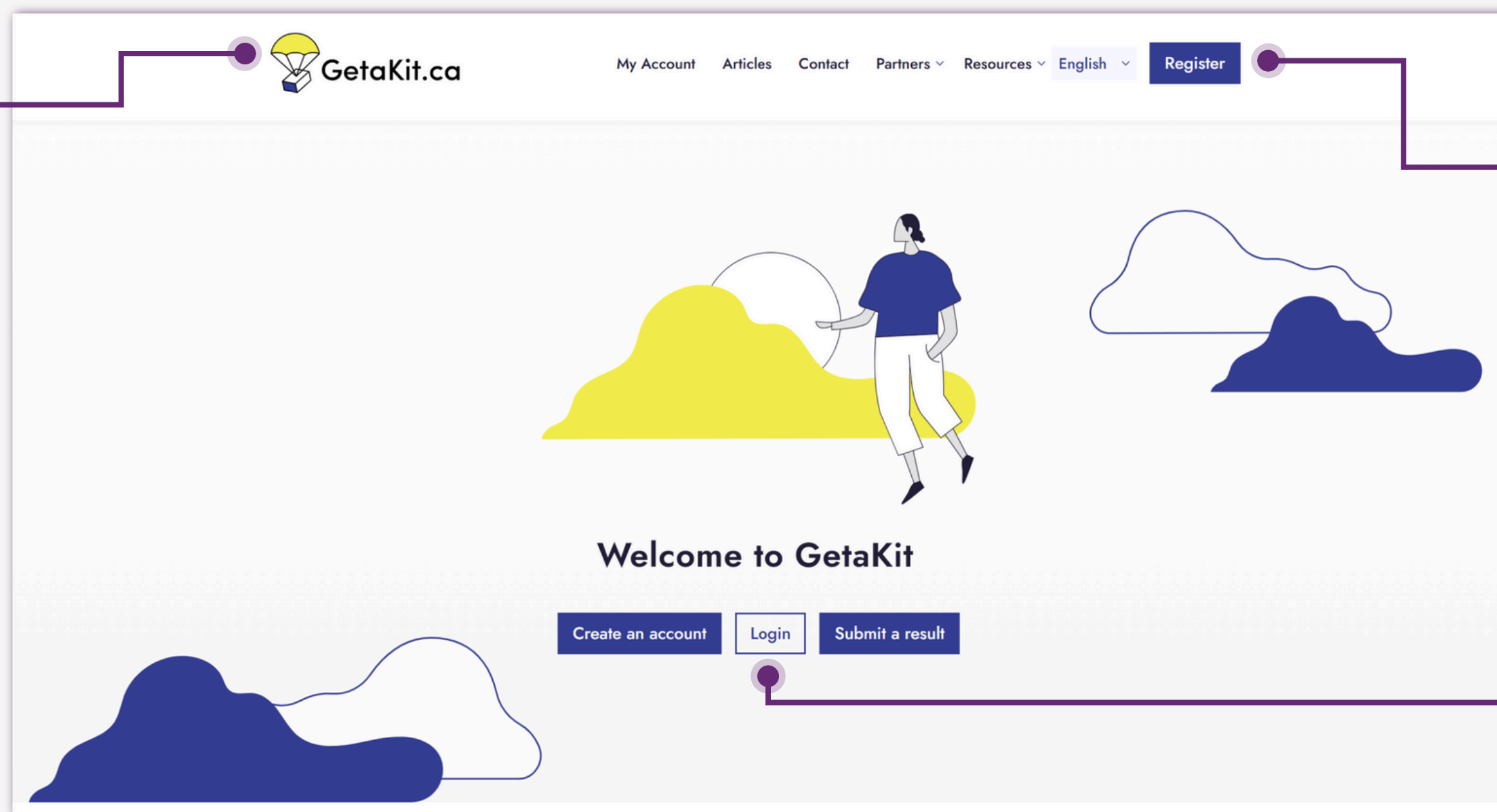
Step Three
Order Your Tests

Step Four
Complete Your Tests

Step Five
Get Your Results



Go to GetaKit.ca



If you don't have an account, click **Register**.



If you already have an account, click **Login**.



2

Step One

Login or Register

Step Two

Get Assessed

Step Three

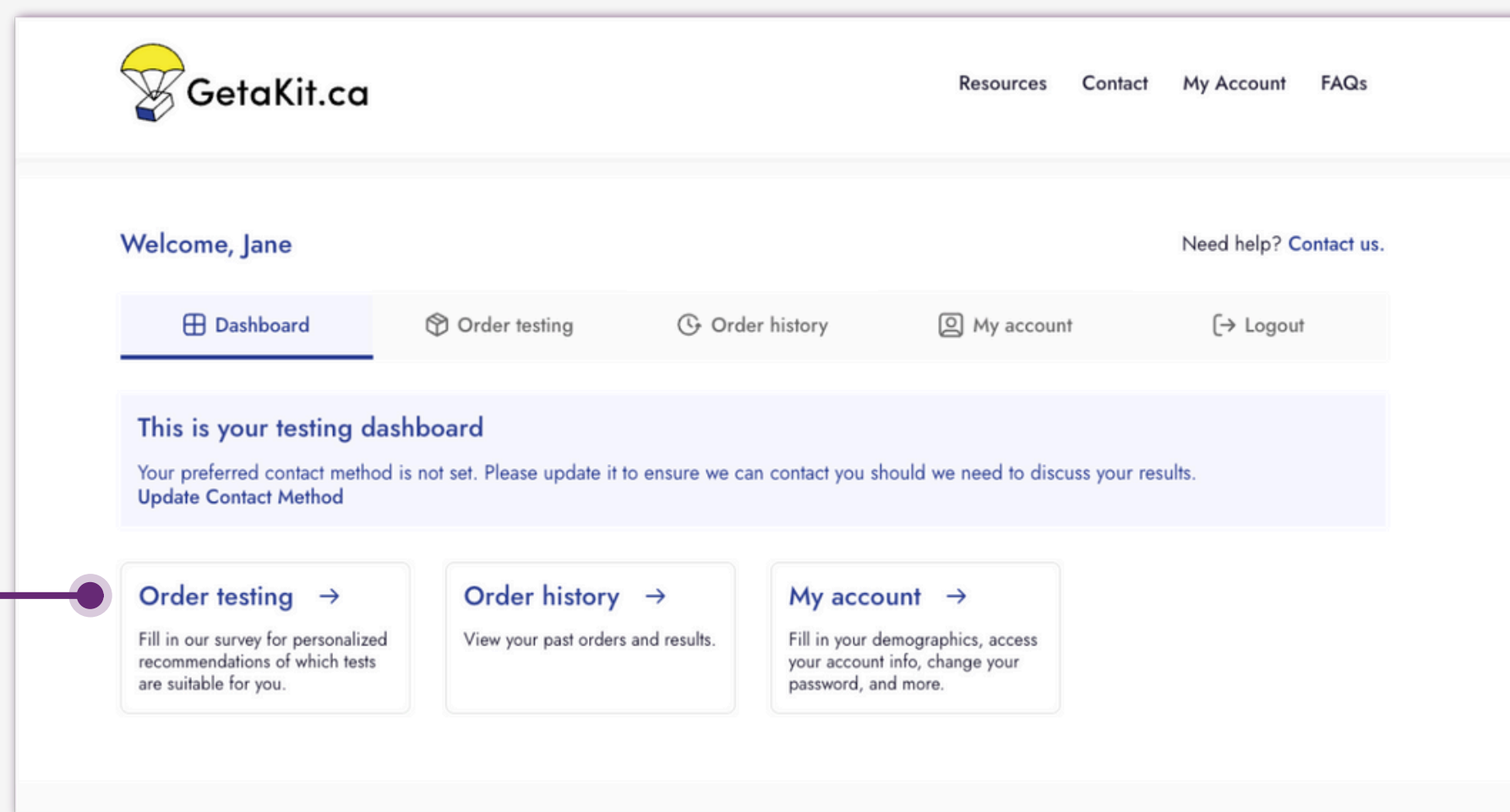
Order Your Tests

Step Four

Complete Your Tests

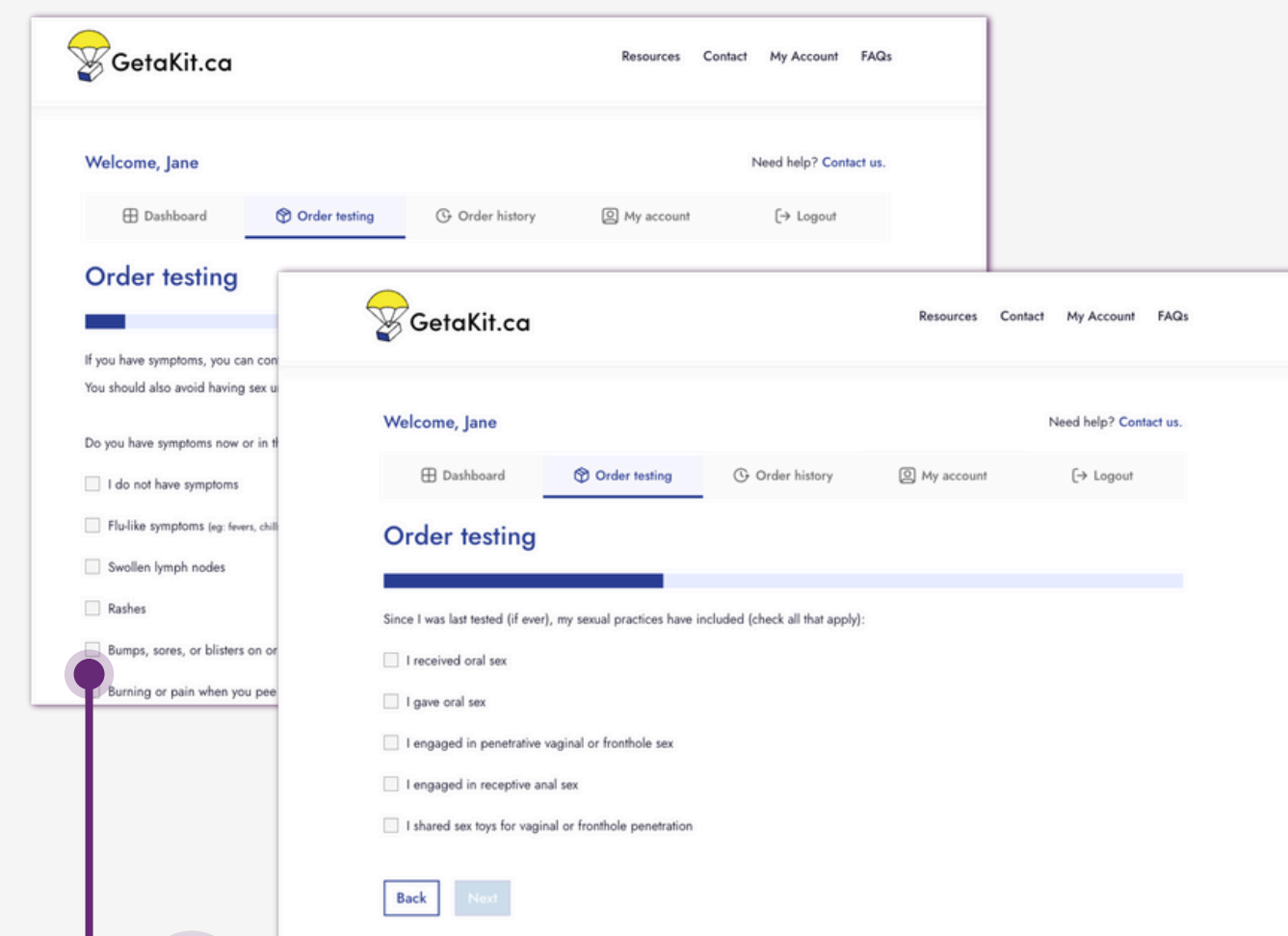
Step Five

Get Your Results



Once you're logged in, go to your **Dashboard** and click **Order testing**.

Note: If you've just registered, it may ask you to fill out some basic demographic information before taking you to **Order testing**.



In **Order testing**, you'll be guided through a series of questions to help determine what tests you'll be recommended.



Step One

Login or Register

Step Two

Get Assessed

Step Three

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Complete Your Tests

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Get Your Results

Order testing

We recommend the following tests and services for you. Please select which you want:

Gonorrhea & Chlamydia – Urine

This will test for chlamydia and gonorrhea in your genitals. You will receive a requisition to do this testing at a laboratory.

Select an option ▼

HIV Serology

A requisition for an HIV blood test that you take to a laboratory. This test can usually detect HIV 6 weeks after exposure. This test has a false positive rate of essentially 0. This test is diagnostic, and if positive is reported to your local public health unit.

Select an option ▼

Review this pre-test form: [Understanding the Risks & Benefits of HIV Testing](#)

Syphilis Serology

This will test for a syphilis infection. You will receive a requisition to do blood testing at a laboratory.

Possible Tests and Services

For complete and comprehensive care for sexually transmitted infections (STIs), we recommend you see a clinician for some other services. These include:

- [Contraception \(birth control\) resources](#)
- [Naloxone](#)
- [PrEP assessment](#)

[Dashboard](#) [Order testing](#)

Shipping and Pickup Options

How would you like to receive your package?

Send directly to a Lab (Easiest Option) >

Available at a lab within 24 hours

Download / Print (Fastest Option) >

Available same day, 7 days per week

[Back](#) [Review Order](#)

[Dashboard](#) [Order testing](#)

Shipping and Pickup Options

How would you like to receive your package?

Ship to my Address >

Takes 1-2 business days for delivery

[Back](#) [Review Order](#)



Digital Delivery

For tests that are done in a lab, you can either send the paperwork directly to a lab or download and print it yourself to bring to a lab.



Mail Out

For HIV self-tests and / or swabs ordered, GetaKit will send it straight to you in discreet packaging.



GetaKit will give you a list of recommended tests for you to choose which you do and don't want. They may also recommend other services you can speak to a clinician about or, in some circumstances, be provided with a referral for PrEP.



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Step Two
Get Assessed



Step Three
Order Your Tests



Step Four
Complete Your Tests



Step Five
Get Your Results

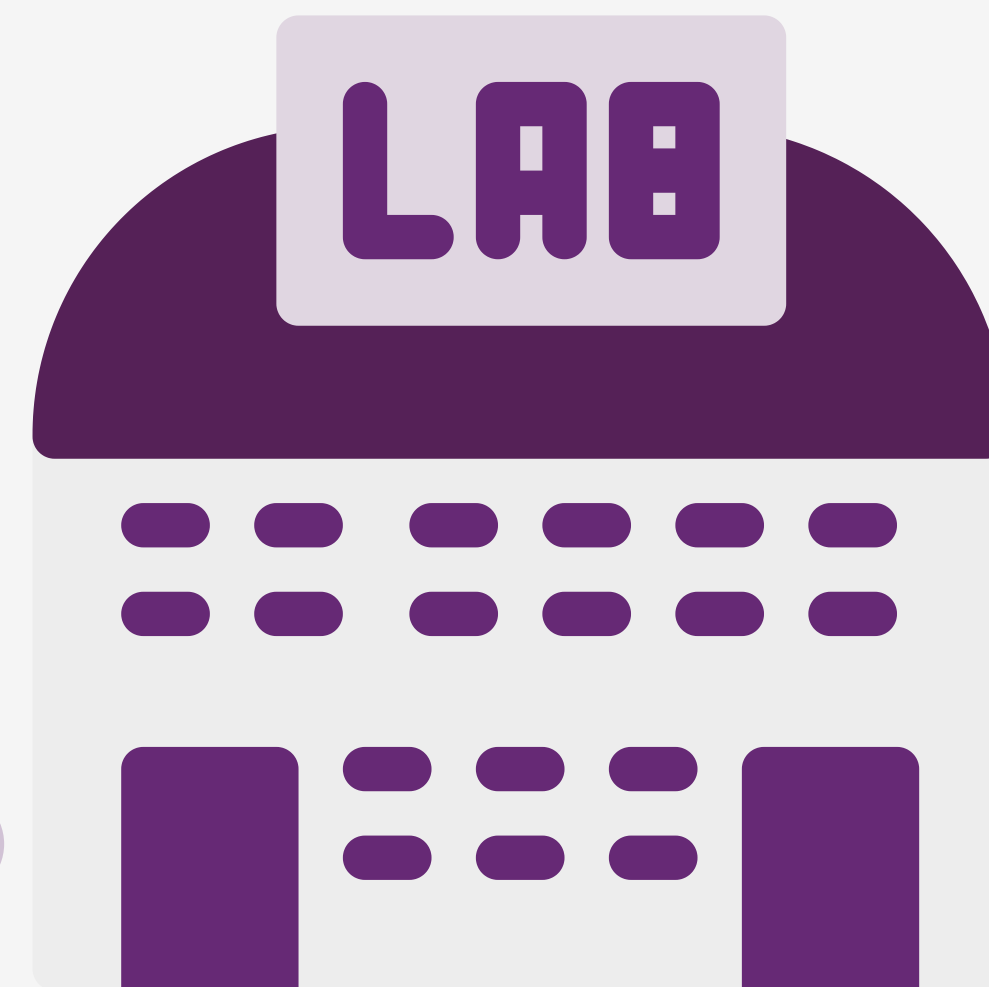
After ordering your tests, go to a lab to complete your testing.

At the lab, you may:

- Give a urine sample
- Have blood taken
- Drop off your self-collected swabs



To find a lab closest to you, you can visit the **Ontario Association of Medical Laboratories** or call **(416)250-8555**.





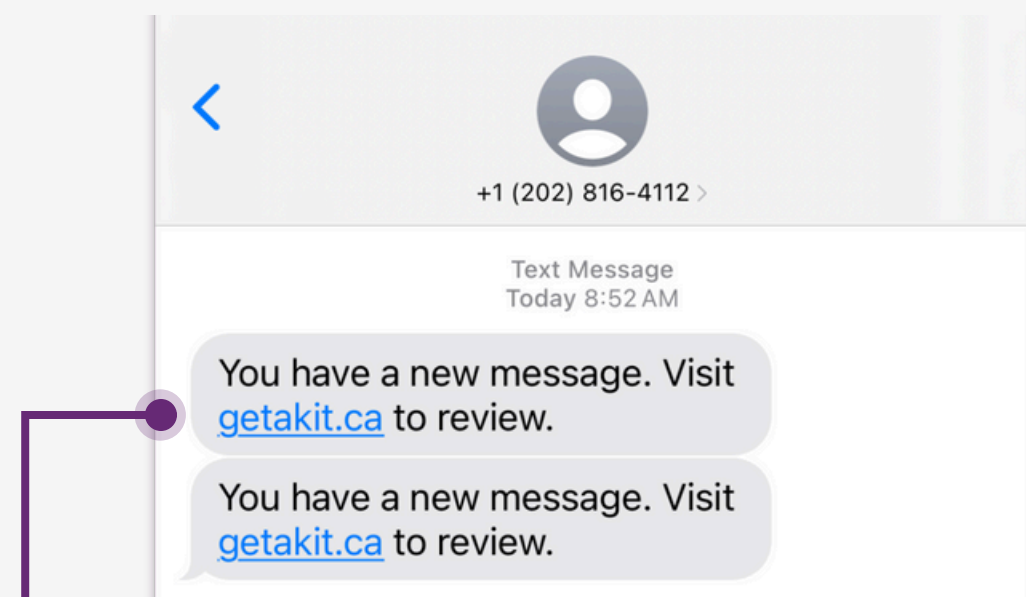
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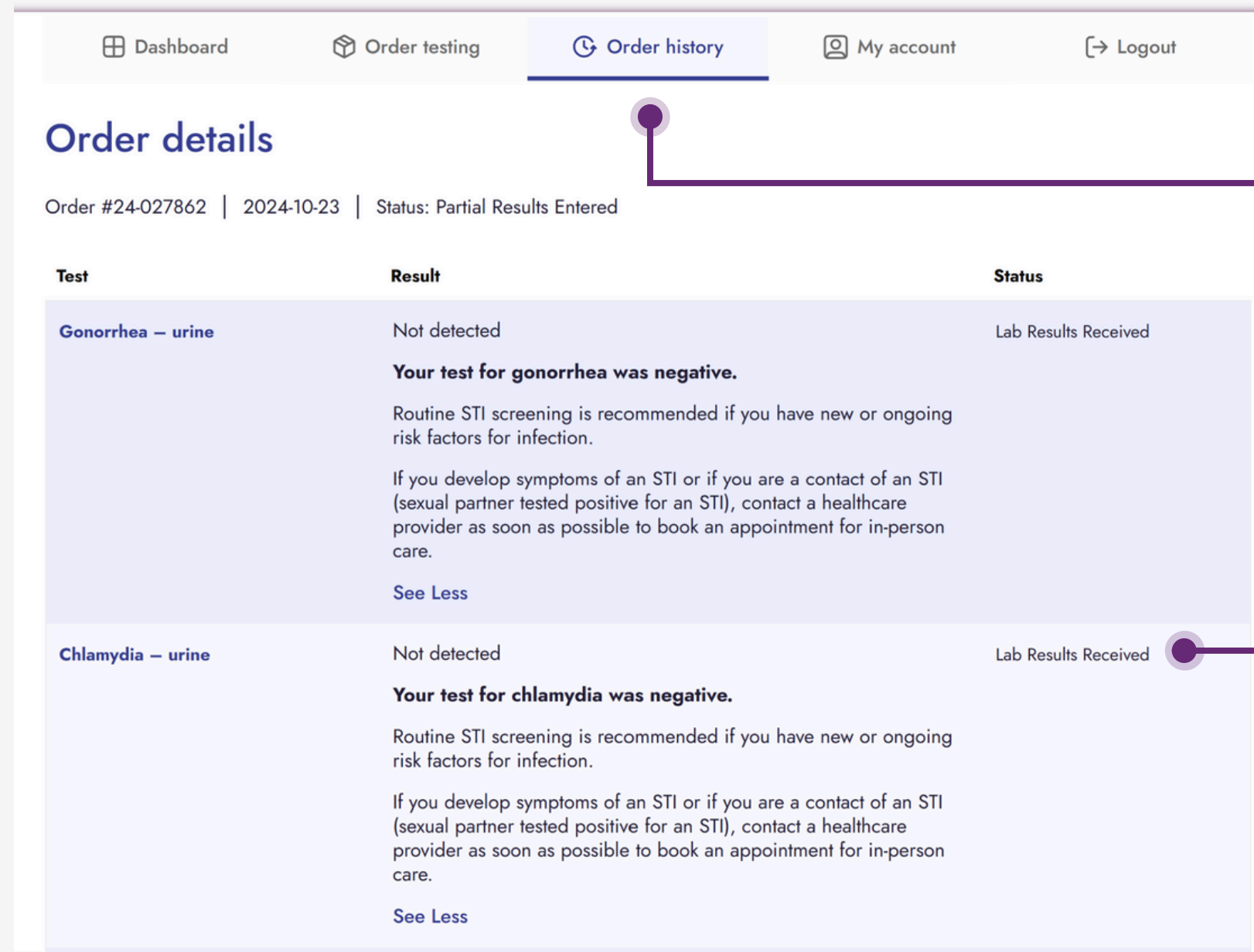
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You can sign up for text alerts to know when your results are ready.



You can view your test results in your **Order history**.



You'll be able to check the status of your tests and their results.



— Where is GetaKit available?

Location	Tests Available
Across Ontario	HIV self-test
<ul style="list-style-type: none">• Eastern Ontario Health Unit• Halton Public Health• Hastings Prince Edward County• Kingston, Frontenac, Lennox & Addington• Leeds, Grenville, Lanark• Middlesex London• North Bay Parry Sound• Ottawa Public Health• Peel Region• Renfrew & District County• Simcoe-Muskoka• Southwestern• Waterloo• Wellington, Dufferin, Guelph• Windsor Essex• York Region	<p>Gonorrhoea/Chlamydia</p> <ul style="list-style-type: none">• Urine• Oral/rectal swabs <p>HIV serology</p> <p>Syphilis serology</p> <p>Hepatitis C serology</p>



What if it's not available in my area?

If GetaKit /a specific test is not offered in your area, you still have options.

- Connect with a [WHAI Coordinator](#) at your nearby AIDS Service Organization (ASO) to help you navigate your options.
- Use [CATIE's Where To?](#) director to find HIV and STBBI testing locations near you.

? — How long do results take?

Test	Turnaround Time
Urine	1 - 2 business days
Oral / Rectal Swabs	4 - 5 business days
Blood	3 - 7 business days

! — Get automated reminders

When should you re-test?

GetaKit <no-reply@getakit.ca>
To Patrick O'Byrne

10:28 AM

 **GetaKit.ca**

Hello! Allô!

A question we get a lot is: *how often should I re-test?* The answer is now.

In keeping with the Ontario Ministry of Health HIV testing guidelines, we recommend testing at 3-weeks, 6-weeks and 3-months (3-6-3) after possible exposure. If you're getting this email, it's been at least three months since your last order and it might be a good time to re-order at [GetaKit.ca](https://getakit.ca).