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Steps for Testing with GetaKit

? What is GetaKit?

GetaKit is a study from the University of Ottawa that partners with local public health units across Ontario to offer online testing assessments and lab-based testing for sexually transmitted infections (STIs) and HIV.

For most orders, your 'kit' will be digitally delivered to a testing lab of your choice. Orders with physical materials like swabs for HIV self-testing kits will be delivered to your address in discreet packaging.

GetaKit is free if you have a health card or other form of insurance. Check page 9 to see what services are free.

Order in 5 Easy Steps:

- 1 Step One**
Login or Register
- 2 Step Two**
Get Assessed
- 3 Step Three**
Order Your Tests
- 4 Step Four**
Complete Your Tests
- 5 Step Five**
Get Your Results

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Step One

Login or Register

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Step Four

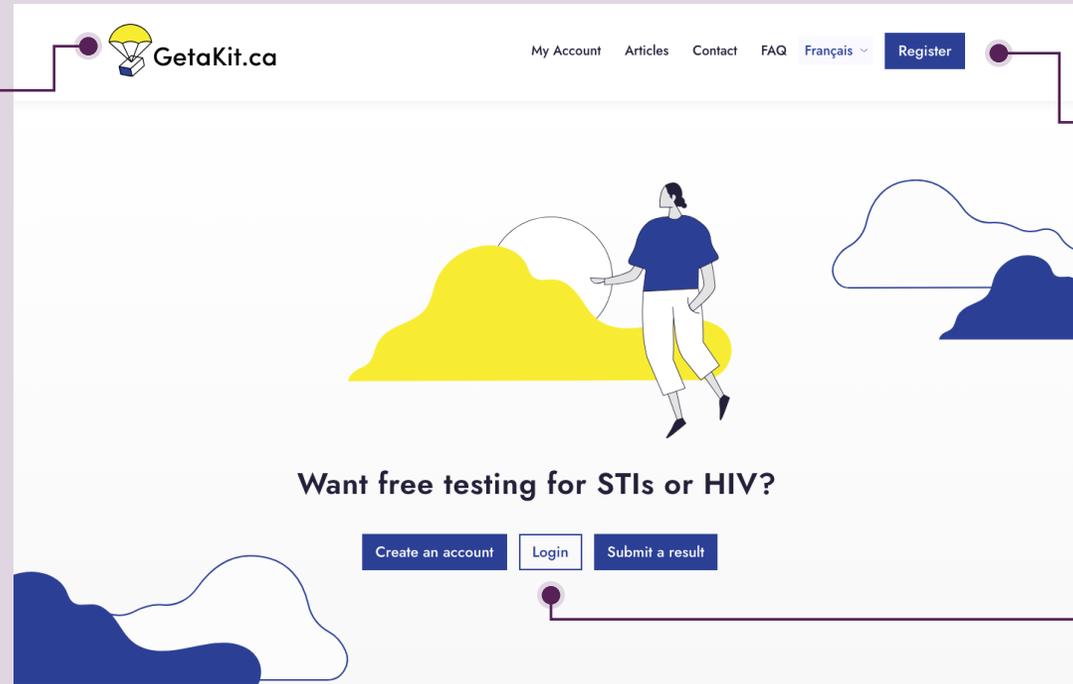
Complete Your Tests

Step Five

Get Your Results



Go to **GetaKit.ca**



If you don't have an account, click **Register**.



If you already have an account, click **Login**.



Step One

Login or Register



Step Two

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Once you're logged in, go to your **Dashboard** and click **Order testing**.

If you've just registered, it may ask you to fill out some basic information before taking you to **Order testing**.

The screenshot shows the GetaKit.ca user interface. At the top, there's a navigation bar with 'Resources', 'Contact', 'My Account', and 'FAQs'. Below that, a 'Welcome, Jane' message is displayed. A secondary navigation bar contains 'Dashboard', 'Order testing', 'Orders & results', 'My account', and 'Logout'. The main content area is titled 'This is your testing dashboard' and includes a message: 'Your preferred contact method is not set. Please Update Contact Method'. There are two main buttons: 'Order testing' with a right arrow and 'Orders' with a right arrow. The 'Order testing' button is highlighted with a callout line. Below the buttons, the 'Order testing' form is visible, starting with the question: 'Do you have symptoms now or in the past two weeks? (check all that apply)'. The form lists several symptoms with checkboxes: 'I do not have symptoms', 'Flu-like symptoms (eg: fevers, chills, night sweats, fatigue)', 'Swollen lymph nodes', 'Rashes', and 'Bumps, sores, or blisters on or near your genitals or anus'. A callout line points to the 'Flu-like symptoms' checkbox.



In **Order testing**, you'll be guided through questions to help determine what tests you'll be recommended.



Step One

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Step Two

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GetaKit will offer you a list of recommended tests for you to choose which you do and don't want.



GetaKit also offers **PrEP Assessments**. If you choose this option, a member from the PrEP clinic Freddie will connect with you.

Order testing

We recommend the following tests and services for you. Please select which you want:

Gonorrhea & Chlamydia – Genital (urine)

This will test for chlamydia and gonorrhea in your genitals. You will receive a requisition to do this testing at a laboratory.

Select an option

HIV Serology

A requisition for an HIV blood test that you take to a laboratory. This test can usually detect HIV 6 weeks after exposure. This test has a false positive rate of essentially 0. This test is diagnostic, and if positive is reported to your local public health unit.

Select an option

Review this pre-test form: [Understanding the Risks & Benefits of HIV Testing](#)

PrEP Assessment

HIV pre-exposure prophylaxis (PrEP) is a by 99% when taken as prescribed.

If you agree to a referral, your contact info securely shared with **Freddie**, a Canadian offers judgment-free care. Freddie can help

A member of Freddie's care team will reach out to you. If they're unable to connect after a few weeks later. You're always welcome to

Learn more about PrEP [here](#).

Shipping and Pickup Options

PLEASE NOTE

You will not receive anything by mail. Your next step is to go to the lab selected to do your testing.

Send directly to a Lab

Available at a lab within 24 hours



Download / Print

Fastest and easiest at the lab, available today



Back

Review Order

Dynacare – Dougall Ave

22-3176 Dougall Ave.
Windsor, ON

5.9 km away

LifeLabs – Tecumseh Rd

6505 Tecumseh Rd. E.
Windsor, ON

12.7 km away

Dynacare – Amy
Croft Dr

LifeLabs – Main St
Kingsville



For lab-based testing, you can either send the paperwork directly to a lab near you, or download and print it yourself to bring to a lab.



HIV self-tests and tests with swabs will be mailed directly to an address you provide in discreet packaging.



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Step Two

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Step Three

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Get Your Results



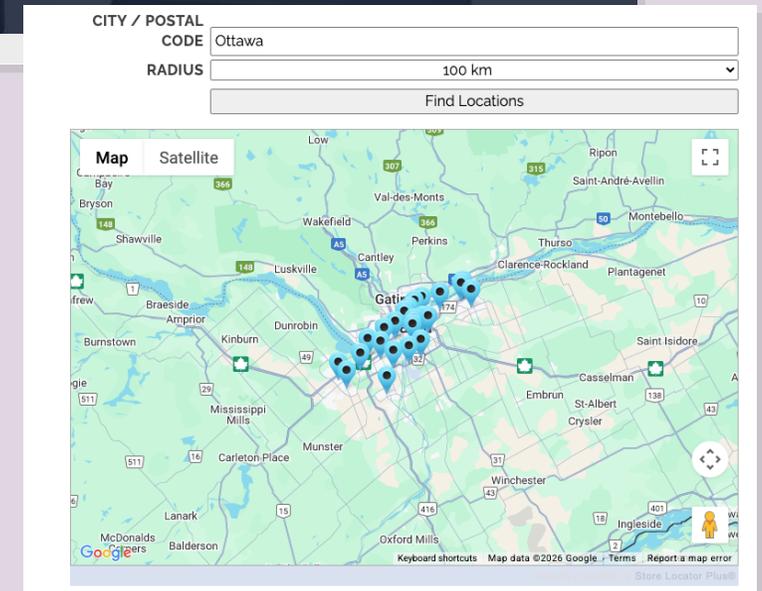
After ordering your tests, go to a lab to complete your testing. At the lab, you may:

- Give a urine sample
- Have blood taken
- Drop off your self-collected swabs



If you chose to send your tests directly to a lab, go to the lab you selected through GetaKit.

If you chose to print your order, bring it to a lab near you. To find a lab closest to you, you can visit the **Ontario Association of Medical Laboratories** or call **(416)250-8555**.





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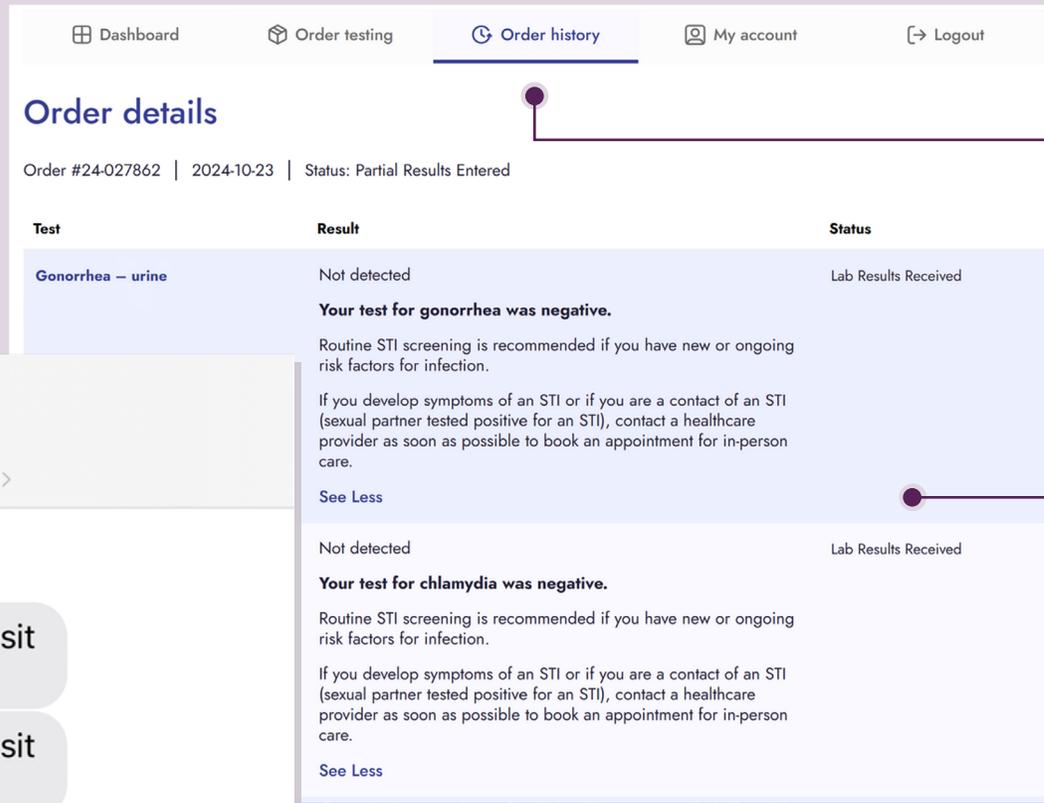
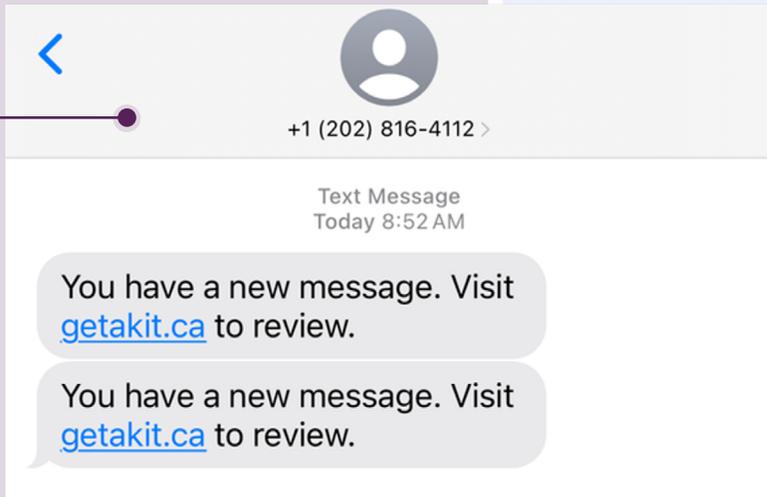
Complete Your Tests

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You can sign up for text alerts to know when your results are ready.



You can view your test results in **Order history**.



You can check the status of your tests and their results.

? Where is GetaKit available?

Location	Test(s) Available
Across Ontario	HIV self-test
<ul style="list-style-type: none">• Eastern Ontario Health Unit• Halton Public Health• Hastings Prince Edward County• Kingston, Frontenac, Lennox, & Addington• Leeds, Grenville, Lanark• Middlesex London• North Bay Parry Sound• Ottawa Public Health• Peel Region• Peterborough• Renfrew & District County• Simcoe-Muskoka• Southwestern• Waterloo• Wellington, Dufferin, Guelph• Windsor-Essex• York Region	<p>Gonorrhoea & Chlamydia</p> <ul style="list-style-type: none">• Urine• Oral / rectal swabs <p>HIV serology</p> <p>Syphilis serology</p> <p>Hepatitis C serology</p> <p><i>Note: Serology means taking a blood sample for testing.</i></p>

? What if it's not available in my area?

If Getakit / a specific test is not offered in your area, you still have options.

- » Connect with a **WHAI Coordinator** at your nearby AIDS Service Organization (ASO) to help you navigate your options.
- » Use **CATIE's Where To?** directory to find HIV and STBBI testing locations near you.

? How long do results take?

Test	Turnaround Time
Urine	1 - 2 business days
Oral / Rectal Swabs	4 - 5 business days
Blood	3 - 7 business days

! When should I re-test?

You can sign up to receive email reminders for when you should re-test for HIV. These reminders follow the Ontario Ministry of Health HIV testing guidelines.

For other STBBIs, if you tested positive, your health care provider may recommend follow-up testing after treatment to ensure the infection has cleared. If you tested negative, you may still want to test regularly (once or twice a year) or after potential exposures.

? Do I need a healthcard?

No, you do not need a healthcard to use GetaKit.

However, GetaKit will ask if you have any form of coverage or insurance to cover the cost of lab-based testing. A Health Card is a common form of coverage, but other types include:

- » Interim Federal Health (IFH)
- » Non-Insured Health Benefits (NIHB) for Indigenous Peoples
- » University Health Insurance Plan (UHIP)
- » Private insurance through an employer or military

If you have no form of coverage, you may need to pay a **\$25 fee** for lab-based testing.

HIV self-tests across Ontario are always free.