



5 Steps for Testing with GetaKit

? What is GetaKit?

GetaKit is a study from the University of Ottawa that partners with local public health units across Ontario to offer online testing assessments and lab-based testing for sexually transmitted infections (STIs) and HIV.

For most orders, your 'kit' will be digitally delivered to a testing lab of your choice. Orders with physical materials like swabs for HIV self-testing kits will be delivered to your address in discreet packaging.

GetaKit is free if you have a health card or other form of insurance. Check page 9 to see what services are free.

Order in 5 Easy Steps:

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Step One

Login or Register

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Step Two

Get Assessed

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Step Three

Order Your Tests

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Step Four

Complete Your Tests

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Step Five

Get Your Results

1

Step One

Login or Register

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Get Assessed

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Order Your Tests

Step Four

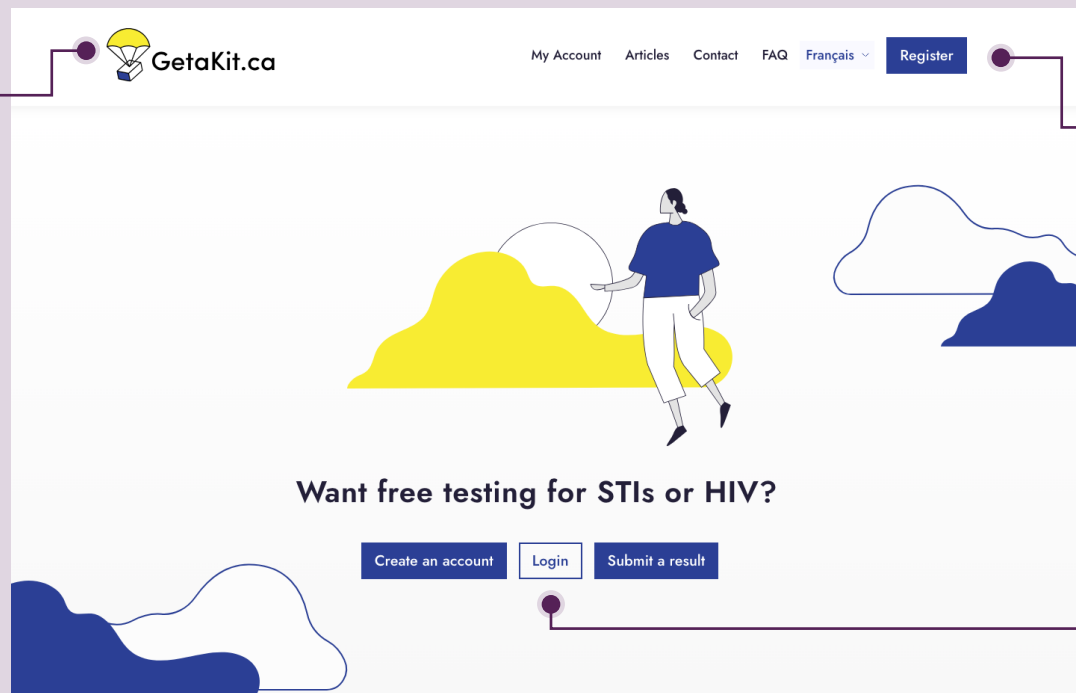
Complete Your Tests

Step Five

Get Your Results



Go to **GetaKit.ca**



If you don't have an account, click **Register**.



If you already have an account, click **Login**.



Step One

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Step Two

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Get Your Results



Once you're logged in, go to your **Dashboard** and click **Order testing**.

If you've just registered, it may ask you to fill out some basic information before taking you to **Order testing**.

The screenshot shows the GetaKit.ca user interface. At the top, the logo and navigation links (Resources, Contact, My Account, FAQs) are visible. The user is logged in as 'Jane'. The dashboard includes links to Dashboard, Order testing, Orders & results, My account, and Logout. A message states: 'This is your testing dashboard. Your preferred contact method is not set. Please update your contact method.' Below this, there are two main sections: 'Order testing' with a sub-header 'Fill in our survey for personalized recommendations of which tests are suitable for you.' and 'Orders' with a sub-header 'View your orders'. The 'Order testing' section is expanded, showing a progress bar and a list of symptoms to check: 'I do not have symptoms', 'Flu-like symptoms (eg: fevers, chills, night sweats, fatigue)', 'Swollen lymph nodes', 'Rashes', and 'Bumps, sores, or blisters on or near your genitals or anus'. A note at the bottom of the form states: 'If you have symptoms, you can continue with this risk assessment, but you should see a healthcare provider. You should also avoid having sex until you complete testing and receive your results.'



In **Order testing**, you'll be guided through questions to help determine what tests you'll be recommended.



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GetaKit will offer you a list of recommended tests for you to choose which you do and don't want.



GetaKit also offers **PrEP Assessments**. If you choose this option, a member from the PrEP clinic Freddie will connect with you.

Order testing

We recommend the following tests and services for you. Please select which you want:

Gonorrhea & Chlamydia – Genital (urine)

This will test for chlamydia and gonorrhea in your genitals. You will receive a requisition to do this testing at a laboratory.

Select an option

HIV Serology

A requisition for an HIV blood test that you take to a laboratory. This test can usually detect HIV 6 weeks after exposure. This test has a false positive rate of essentially 0. This test is diagnostic, and if positive is reported to your local public health unit.

Select an option

Review this pre-test form: [Understanding the Risks & Benefits of HIV Testing](#)

PrEP Assessment

HIV pre-exposure prophylaxis (PrEP) is a by 99% when taken as prescribed.

If you agree to a referral, your contact info securely shared with **Freddie**, a Canadian offers judgment-free care. Freddie can help you get started.

A member of Freddie's care team will reach out to you with options. If they're unable to connect after a few weeks later. You're always welcome to reach out.

Learn more about PrEP [here](#).

Shipping and Pickup Options

PLEASE NOTE

You will not receive anything by mail. Your next step is to go to the lab selected to do your testing.

Send directly to a Lab

Available at a lab within 24 hours



Download / Print

Fastest and easiest at the lab, available today



Dynacare – Dougall Ave

22-3176 Dougall Ave.
Windsor, ON

5.9 km away

LifeLabs – Tecumseh Rd

6505 Tecumseh Rd. E.
Windsor, ON

12.7 km away

Dynacare – Amy
Croft Dr

LifeLabs – Main St
Kingsville

Back

Review Order



For lab-based testing, you can either send the paperwork directly to a lab near you, or download and print it yourself to bring to a lab.



HIV self-tests and tests with swabs will be mailed directly to an address you provide in discreet packaging.



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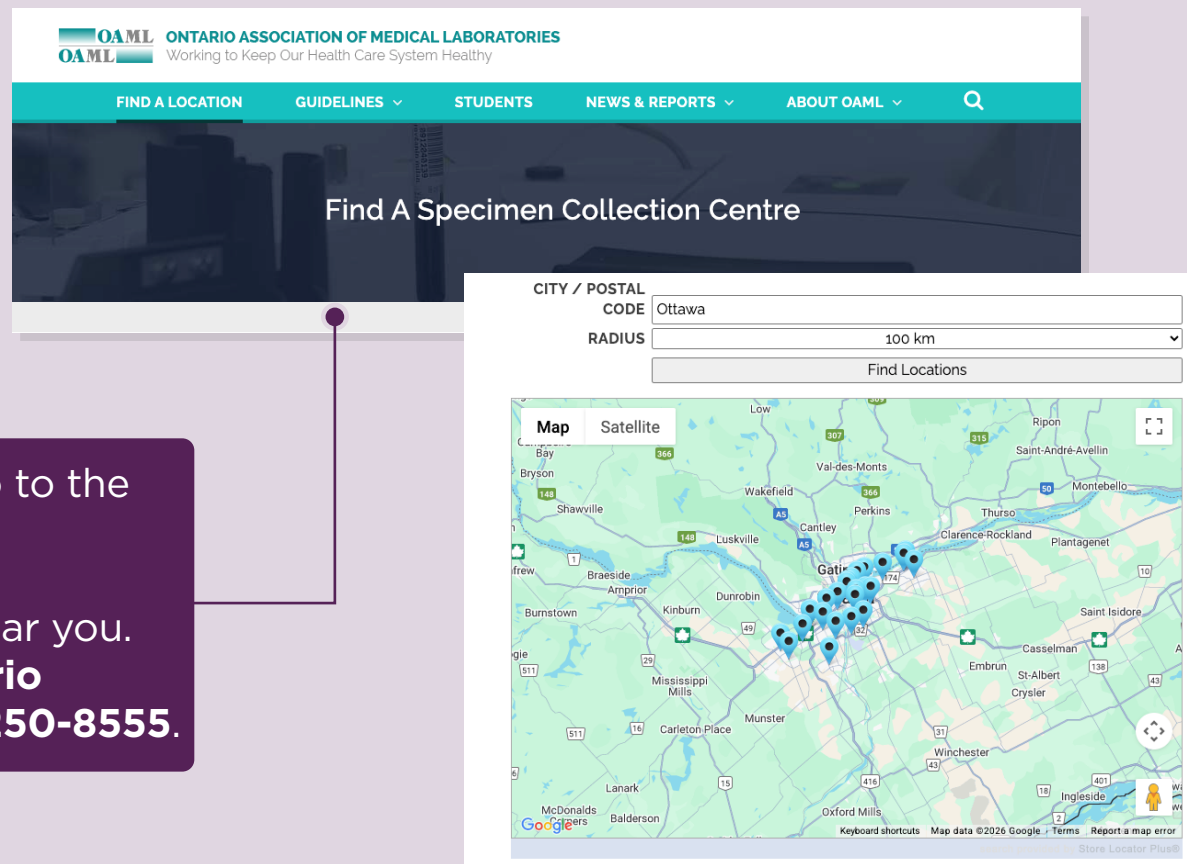
After ordering your tests, go to a lab to complete your testing. At the lab, you may:

- Give a urine sample
- Have blood taken
- Drop off your self-collected swabs



If you chose to send your tests directly to a lab, go to the lab you selected through GetaKit.

If you chose to print your order, bring it to a lab near you. To find a lab closest to you, you can visit the **Ontario Association of Medical Laboratories** or call **(416)250-8555**.





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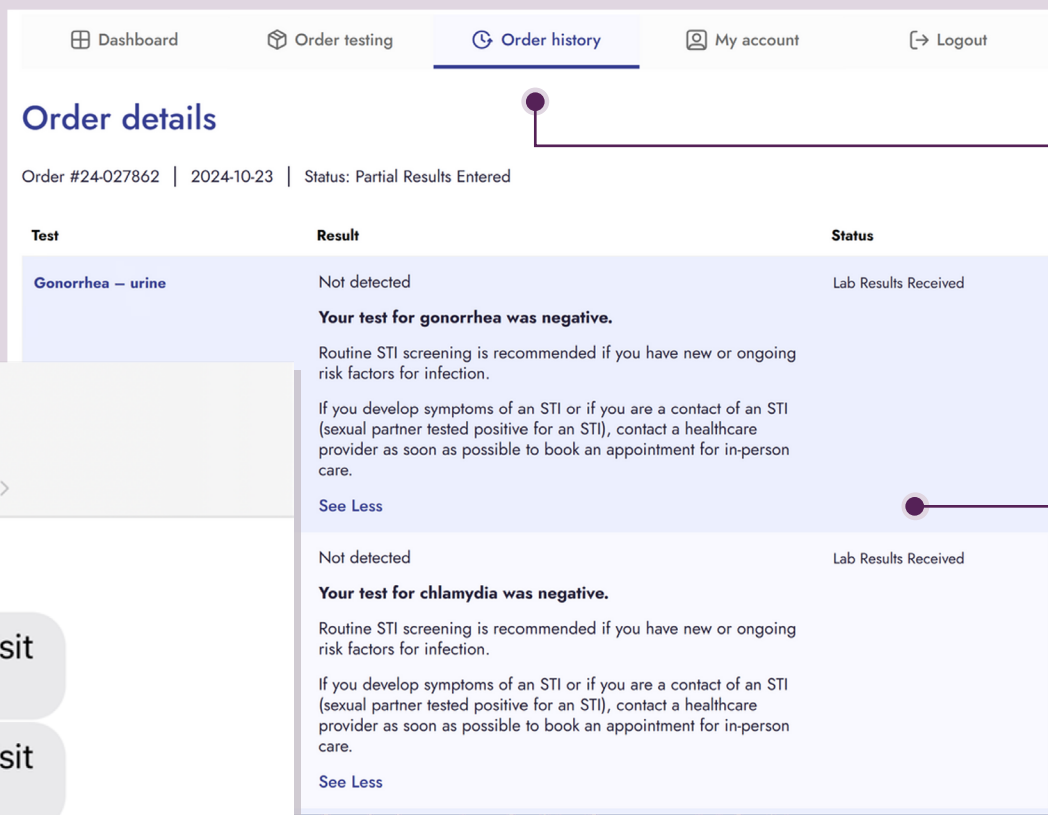
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You can sign up for text alerts to know when your results are ready.



You can view your test results in **Order history**.



You can check the status of your tests and their results.

? Where is GetaKit available?

Location	Test(s) Available
Across Ontario	HIV self-test
• Eastern Ontario Health Unit • Halton Public Health • Hamilton • Hastings Prince Edward County • Huron-Perth • Kingston, Frontenac, Lennox, & Addington • Leeds, Grenville, Lanark • Middlesex London • Niagara • North Bay Parry Sound • Ottawa Public Health • Peel Region • Peterborough • Renfrew & District County • Simcoe-Muskoka • Southwestern • Waterloo • Wellington, Dufferin, Guelph • Windsor-Essex • York Region	Gonorrhoea & Chlamydia • Urine • Oral / rectal swabs HIV serology Syphilis serology Hepatitis C serology <i>Note: Serology means taking a blood sample for testing.</i>

? What if it's not available in my area?

If Getakit / a specific test is not offered in your area, you still have options.

- » Connect with a **WHAI Coordinator** at your nearby AIDS Service Organization (ASO) to help you navigate your options.
- » Use **CATIE's Where To?** directory to find HIV and STBBI testing locations near you.

? How long do results take?

Test	Turnaround Time
Urine	1 - 2 business days
Oral / Rectal Swabs	4 - 5 business days
Blood	3 - 7 business days

! When should I re-test?

You can sign up to receive email reminders for when you should re-test for HIV. These reminders follow the Ontario Ministry of Health HIV testing guidelines.

For other STBBIs, if you tested positive, your health care provider may recommend follow-up testing after treatment to ensure the infection has cleared. If you tested negative, you may still want to test regularly (once or twice a year) or after potential exposures.

? Do I need a healthcard?

No, you do not need a healthcard to use GetaKit.

However, GetaKit will ask if you have any form of coverage or insurance to cover the cost of lab-based testing. A Health Card is a common form of coverage, but other types include:

- » Interim Federal Health (IFH)
- » Non-Insured Health Benefits (NIHB) for Indigenous Peoples
- » University Health Insurance Plan (UHIP)
- » Private insurance through an employer or military

If you have no form of coverage, you may need to pay a **\$25 fee** for lab-based testing.

HIV self-tests across Ontario are always free.