What is Pre-Exposure Prophylaxis (PrEP)?

PrEP is a daily medication for HIV-negative people that is highly effective at preventing HIV. PrEP can be a helpful and self-controlled HIV prevention tool for women, including those who have an HIV-positive partner who is not on treatment or has a detectable viral load, have multiple sex partners, do not always use condoms, and/or sometimes share equipment when using drugs.

Cis and Trans women sometimes face barriers to accessing PrEP. Here are some helpful resources about how to access PrEP.

Women & HIV/AIDS Initiative

WHAI.CA

PrEPSTART

Without drug coverage, PrEP can be expensive. PrEPStart can help get you started. See WHAI's PrEP pamphlet at whai.ca for more information & coverage options.

PrEPStart provides three months of free PrEP for people who do not have drug coverage. This allows you to start PrEP right away while you explore drug coverage options.

To enroll with PrEPStart:

1. See a health care provider for a standard PrEP assessment, including HIV and STBBI testing (see back for info on how).
2. Once you have been assessed and have your test results, ask your health care provider to complete the PrEPStart prescription form available at Ontarioprep.ca/PrEPStart and fax it to the program pharmacy.
3. The pharmacy will fill your prescription and it will be available for pick-up or delivery.
4. Visit Ontarioprep.ca/pay to see the different options for ongoing drug coverage.

If you need help figuring out your coverage options or completing an application for drug coverage, you can contact the PrEPStart support line at 1-416-903-9992 or by email at getcovered@mlmedical.com

MORE

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MORE

In Ontario, there are options to get PrEP.

For online and free Ontario wide PrEP information, assessment and prescribing services, contact:

1 THE ALLAN CLINIC

allanclinic.ca
1-416-969-4000 | np@allanclinic.ca
200 Gerrard St East, Suite 311
Toronto, ON, M5A 2E6

> *After hours appointments accommodated based on availability*

2 THE PrEP CLINIC

prepclinic.ca
416-420-1250 | Info@prepclinic.ca
401-344 Bloor St West
Toronto, ON, M5S 3A7

> *Day, evening and weekend appointments are available to start or continue PrEP online through the app "the PrEP Clinic" or by phone*

These options provide a range of free services

The services listed below are all available for **FREE** across Ontario, through phone, online, or in person services.

	THE ALLAN CLINIC	THE PREP CLINIC
PrEP assessment and prescribing	✓	✓
Discreet PrEP Shipping	✓	✓
Appointments in person, by phone, or online	✓	✓
STBBI testing and treatment/referrals	✓	✓
Support navigating insurance coverage	✓	✓
Nurse Practitioner and Pharmacist support and care	✓	✓
Referrals to specialists and other services	✓	✓
Wellness support & counselling	✓	✓
No referral needed to use this service!	✓	✓

For more information about PrEP in Ontario, see OntarioPrEP.ca

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